

## Parenting books for a general audience

The Kazdin Method of Parenting the Defiant Child – *Kazdin*  
The Everyday Parenting Toolkit – *Kazdin*  
Parenting a Child Who Has Intense Emotions – *Harvey and Penzo*  
Emotional Intensity in Gifted Students – *Fonseca*  
Raising Kids Who Care – *Lee*  
How to Raise Kids Who Aren't Assholes – *Moyer*  
Hunt, Gather, Parent – *Doucleff*  
Building Emotional Intelligence – *Lantieri and Goleman*  
Anxious Kids, Anxious Parents – *Lyons and Wilmon*  
The Gardener and the Carpenter – *Gopnik*  
All Joy and No Fun – *Senior*  
The “Me, Me, Me” Epidemic – *McCready*  
How to Talk So Kids Will Listen & Listen So Kids Will Talk – *Faber and Mazlish*  
Siblings Without Rivalry – *Faber and Mazlish*  
Peaceful Parent, Happy Siblings – *Markham*  
Peaceful Parent, Happy Kids – *Markham*

How to Raise an Adult – *Lythcott-Haims*  
Parenting Without Borders – *Gross-Loh*  
The Wonder Weeks – *van de Rijt*  
NurtureShock – *Bronson and Merryman*  
Everyday Blessings – *Kabat-Zinn(s)*  
Equally Shared Parenting – *Vachon(s)*  
Cribsheet – *Oster*  
Grit – *Duckworth*  
The Explosive Child – *Greene*  
No Bad Kids – *Lansbury*  
Unconditional Parenting – *Kohn*  
The Attachment Parenting Book – *Sears*  
The Gentle Parent – *Knost*  
Parenting Beyond Pink & Blue – *Brown*  
What's Going On In There? – *Eliot*  
Free-Range Kids – *Skenazy*  
\*Raising Your Spirited Child – *Kurcinka*  
\*Simplicity Parenting – *Payne*  
\*Taking Charge of ADHD – *Barkley*

## Books specifically related to sleep

Andrea Grace's Gentle Sleep Solutions – *Grace*  
Healthy Sleep Habits, Happy Child – *Weissbluth*  
The No-Cry Sleep Solution – *Pantley*  
Precious Little Sleep – *Dubief*  
Sleeping With Your Baby: A Parent's Guide to Cosleeping – *McKenna*

The Happiest Baby on the Block – *Karp*  
Solve Your Child's Sleep Problems – *Ferber*  
The Sleep Lady's Good Night, Sleep Tight – *West*

## Books specifically related to feeding

Child of Mine – *Satter*  
Picky Eater Guide: From Stress to Success – *Anderson*

## Named parenting approaches/resources

Dr. Becky/*Good Inside*  
Robin Einzig/*Visible Child*  
Dr. Laura Markham/*Aha Parenting*  
Dr. Maria Montessori/*Montessori Method*  
Dr. Tracy Cassels/*Evolutionary Parenting*  
Dr. William Sears/*Attachment Parenting*  
Dr. Berry Brazelton/*Touchpoints*

Magda Gerber & Emmi Pikler/*Resources for Infant Educators*  
Howard Glasser/*Nurtured Heart Approach*  
Dr. Alfie Kohn/*Unconditional Parenting*  
Dr. Ellyn Satter/*Division of Responsibility in Feeding*  
Dr. Ross Greene/*Collaborative & Proactive Solutions*  
Jennifer Anderson/*Kids Eat In Color*

## Academic books related to parenting

The Anthropology of Childhood – *Lancy*  
\*The Psychology of the Child – *Piaget*  
Childhood: A Multicultural View – *Konner*

*This brief bibliography does not cover academic papers I have read on parenting topics. For a fascinating meta-analysis that gets at the age-old question “does parenting matter?” see: “Parenting interventions to promote early child development in the first three years of life: A global systematic review and meta-analysis”.*

## Podcasts

Unruffled – *Janet Lansbury*  
The Longest Shortest Time – *Hillary Frank*  
Collaborative and Proactive Solutions – *Dr. Ross Greene*